

Yala Peak Climbing



Yala Peak, standing at 5,500 meters (18,044 feet), is one of Nepal's most popular trekking peaks, offering a rewarding blend of adventure, natural beauty and cultural experiences. Located in the Langtang region, this peak is ideal for beginner climbers and those with limited mountaineering experience who wish to enjoy a high-altitude Himalayan climb without the technical difficulties of higher peaks.

The trek to Yala Peak passes through the picturesque Langtang National Park, where trekkers encounter dense rhododendron and pine forests, alpine meadows and diverse wildlife, including Himalayan tahr, langurs and various bird species. The route also takes climbers through traditional Tamang and Sherpa villages, offering insight into the rich cultural heritage, monasteries and local traditions of the region.

Trek Highlights:

- **Moderate Trekking Peak:** Perfect for beginners and climbers with limited mountaineering experience.
- **Kyanjin Gompa Visit:** Explore one of the oldest monasteries in the Langtang region, a key religious and cultural center.
- **Scenic Landscapes & Biodiversity:** Trek through subtropical forests and diverse flora and fauna within Langtang National Park.
- **Tea House Trekking Comfort:** Enjoy the convenience of comfortable teahouses even in remote mountain areas.
- **Stunning Panoramic Views:** Admire breathtaking vistas of Langtang Lirung, Ganesh Himal and Shishapangma from the peak and trekking routes.

Where is Yala Peak Climbing?

Yala Peak, standing at 5,500 meters (18,044 feet), is located in the Langtang region of Nepal, north of Kathmandu. It lies within Langtang National Park, a protected area known for its rich biodiversity, stunning landscapes, and cultural heritage. The peak sits near Kyanjin Gumpa, a popular base for climbers and offers panoramic views of prominent Himalayan peaks such as Langtang Lirung, Ganesh Himal, and Shishapangma in Tibet. Its accessibility from Kathmandu and moderate climbing difficulty make Yala Peak an ideal choice for first-time climbers seeking a Himalayan adventure combined with cultural exploration.

Detailed Itinerary

Day 1: Arrival in Kathmandu(1400)

Welcome to Nepal! Upon arrival at Tribhuvan International Airport, make your way to your hotel in Kathmandu (self-transfer). In the evening 5 PM, join us at the Hawk's Eye Travels office for a short pre-trek briefing to go over the itinerary, permits and any final preparations for your upcoming adventure.

Day 2: Drive from Kathmandu to Syabrubesi (1,550m) 7 to 8 Hours

After breakfast in Kathmandu, begin a scenic drive to Syabrubesi, the starting point of the Langtang and Yala Peak trek. The journey takes around 7–8 hours (120 km) along winding mountain roads, passing the Trishuli River valley, terraced farmlands, and traditional villages. By late afternoon, arrive at the riverside village of Syabrubesi (1,550m). After checking into a lodge, you can stroll around the village, interact with locals, and prepare for the trekking adventure ahead. This scenic drive offers the perfect mix of cultural experiences and natural beauty before the climb begins.

Day 4: Trek from Lama Hotel to Langtang Village (3,430m) -6 to 7 Hours

After breakfast at Lama Hotel, the trail continues with a gradual ascent through dense pine and rhododendron forests, offering refreshing mountain air and chances to spot wildlife. As you climb higher, the valley begins to open, revealing breathtaking views of Langtang Lirung (7,227m) and surrounding snow-capped peaks. This village, rebuilt after the 2015 earthquake, is surrounded by majestic landscapes and provides a warm cultural experience.

Day 5: Trek from Langtang Village to Kyanjin Gumpa (3,870m) -3 to 4 Hours

Leaving Langtang Village, today's trek is shorter but filled with stunning Himalayan scenery. The trail gradually ascends through alpine meadows, yak pastures, and scattered stone-built houses, offering spectacular views of the surrounding peaks. Along the way, you may encounter traditional mani walls, prayer flags, and chortens, reflecting the strong Buddhist influence in the region. As you approach Kyanjin Gomba (3,870m), the valley opens up to wide pastures and breathtaking vistas of Langtang Lirung, Tserko Ri, and Dorje Lakpa.

Day 6: Acclimatization at Kyanjin Gompe (3,870m)

Today is reserved for rest and acclimatization at Kyanjin Gomba to prepare your body for the higher elevations ahead. While it is a rest day, trekkers are encouraged to take short hikes to nearby viewpoints, which not only help in adjusting to the altitude but also reward you with spectacular Himalayan panoramas. Popular side trips include a hike to Kyanjin Ri (4,773m) or Tserko Ri (5,000m), both of which offer breathtaking views of Langtang Lirung, Dorje Lakpa, Shishapangma, and Yala Peak.

Day 7: Trek from Kyanjin Gomba (3,870m) to Yala Peak Base Camp (4,800m)

After an early breakfast, you leave Kyanjin Gomba and begin your trek toward Yala Peak Base Camp. The trail gradually ascends through rugged landscapes, crossing rocky paths, alpine meadows, and glacial moraines. Reaching Yala Peak Base Camp (4,800m) by afternoon, you set up camp and enjoy the first true Himalayan expedition experience of the journey. The climbing team will assist with tents, meals, and setting up climbing equipment. Later in the day, the guide provides a briefing and practice session on using mountaineering gear such as ropes, crampons, and ice axes—essential for the upcoming summit attempt.

Day 8: Yala Peak Base Camp (4,800m) - Summit (5,732m) -Return to Kyanjin Gomba (3,870m)

Today is the most awaited and challenging day of the expedition—summit day of Yala Peak (5,732m). You start early, often around 2:00 to 3:00 AM, to make the most of stable morning weather conditions. Under the guidance of your Sherpa climbing leader, you begin the steady ascent over rocky trails, snowy slopes, and icy sections. As you ascend, the horizon slowly brightens, revealing breathtaking views of Langtang Lirung, Dorje Lakpa, Ganesh Himal, Naya Kanga, Gangchempo, and even the Tibetan giant Shishapangma (8,013m). Later, you retrace your steps back to Kyanjin Gomba, where a comfortable lodge, warm meals, and the vibrant atmosphere of the village.

Day 9: Additional or Rest Day at Kyanjin Gomba

Day 9 serves as an extra day for rest, acclimatization, or contingency, depending on the conditions of the climb. Since mountain weather can be unpredictable, this buffer day is important to ensure a safe and successful Yala Peak expedition. You can relax at a teahouse, enjoy warm meals, and take in the breathtaking scenery of snow-capped peaks. Optional short hikes include a visit to Kyanjin Ri (4,773m) or Tserko Ri (4,984m), both of which offer spectacular panoramic views of the Langtang Himalayas.

Day 10: Trek from Kyanjin Gomba (3,870m) to Lama Hotel (2,380m)-5 to 6 Hours

After a hearty breakfast, begin your descent from Kyanjin Gomba through the scenic Langtang Valley. The trail passes alpine meadows, yak pastures, and dense forests of pine and rhododendron, offering a gentle and enjoyable trek downhill. After several hours of trekking, you arrive at Lama Hotel (2,380m), where you can rest, refresh, and enjoy warm meals. This is a relaxing day compared to the summit climb, giving your body time to recover.

Day 11: Trek from Lama Hotel (2,380m) to Syabrubesi (1,550m)-5 to 6 Hours

After breakfast, continue your descent through the Langtang Valley, passing picturesque villages, terraced fields, and flowing rivers. Arriving in Syabrubesi (1,550m) by afternoon, you can relax at a teahouse and enjoy the peaceful riverside atmosphere. This day marks the near end of the trekking journey, providing time to reflect on the stunning landscapes, cultural experiences, and the successful Yala Peak climb.

Day 12: Drive from Syabrubesi (1,550m) to Kathmandu -7 to 8 Hours

After breakfast, begin your drive back to Kathmandu, retracing the route along the Trishuli River valley and terraced hillsides. The journey offers beautiful valley views, lush landscapes, and glimpses of rural village life, providing a relaxing end to your trekking adventure. Arrive in Kathmandu by afternoon or evening, where you can check into your hotel, rest, and reflect on your Yala Peak expedition. The drive is a perfect opportunity to soak in the scenic beauty of central Nepal one last time before concluding the trip.

Inclusions:

- All ground transportation during the peak climbing expedition.
- Experienced English-speaking guide and professional Sherpa climbing team. Porter service: One porter for every two trekkers to carry luggage (up to standard weight).
- Climbing equipment for summit day: ropes, harnesses, crampons, helmets, and ice axes.
- Tea house/lodge accommodation during the trek.
- Camping accommodation at Yala Peak Base Camp and High Camp.
- All meals during the climbing period (breakfast, lunch, and dinner).

- Necessary permits: Yala Peak Climbing Permit and Langtang National Park Entry Permit.
- Pre-trek briefing: Detailed trek orientation at Kathmandu office before departure.
- Basic first aid: Guides carry first aid kits and are trained for altitude sickness and minor injuries.

Exclusions:

- Meals on the trek: Breakfast, lunch, and dinner are not included to allow flexibility in food choices.
- International airfare: Flights to and from Nepal.
- Nepal tourist visa: Available on arrival at Kathmandu airport (visa fee not included).
- Travel insurance: Mandatory insurance covering emergency evacuation and medical costs.
- Trekking gear & personal equipment: Items such as trekking boots, sleeping bags, and clothing.
- Tips and gratuities: For guides, Sherpas, and porters (optional but appreciated).
- Meals in Kathmandu: Food and drinks before and after the trek are at your own expense.
- Personal expenses: Wi-Fi, hot showers, snacks, drinks, charging devices, and laundry services.
- Unexpected expenses: Additional costs due to delays, strikes, bad weather, or emergencies.
- Optional activities: Sightseeing or tours not included in the set itinerary.

Best time for the Yala Peak Climbing

The ideal seasons for Yala Peak climbing are spring (March to May) and autumn (September to November), when weather conditions are most favorable for trekking and mountaineering.

Spring (March–May): During spring, the trails come alive with vibrant rhododendron blooms, adding stunning colors to the landscape. Temperatures are moderate, snow is manageable at higher altitudes, and skies are generally clear, providing spectacular views of peaks like Langtang Lirung, Ganesh Himal, and Shishapangma. Spring is perfect for climbers who also want to enjoy the lush valleys, alpine meadows, and rich biodiversity along the route.

Autumn (September–November): Autumn is considered the peak trekking and climbing season. The monsoon rains have cleared the skies, leaving crisp, clear views of the surrounding Himalayan ranges. The weather is stable, temperatures are comfortable for trekking, and conditions at higher altitudes are ideal for a successful summit attempt.



Contact us:

Thamel, Kathmandu, Nepal

+977 9851155026

info@hawkseyetravels.com