

Everest Pikey Peak Trek



The Everest Pikey Peak Trek is a stunning short trek in the lower Everest region that offers both sweeping Himalayan views and deep cultural encounters. This off-the-beaten-path journey takes you through the peaceful trails of Solukhumbu, home to the Sherpa people—renowned for their mountaineering legacy and warm hospitality. Along the way, you'll pass through picturesque villages, ancient monasteries, and quiet ridgelines with jaw-dropping vistas.

This trek is ideal for those looking to experience the magic of the Everest region without the crowds. You'll climb to the summit of Pikey Peak (4,065m)—one of the best viewpoints to see Mount Everest, especially at sunrise. On clear mornings, the panorama stretches from Kanchenjunga in the east to Annapurna in the west, with Everest, Lhotse, and Makalu shining in between.

Where is Everest Pikey Peak Trek?

The Everest Pikey Peak Trek is located in the Lower Solukhumbu region of northeastern Nepal, within the broader Everest (Khumbu) area. Unlike the classic Everest Base Camp trek, this route stays at lower altitudes and explores the southern part of the Everest region, offering equally breathtaking Himalayan views with fewer crowds. Pikey Peak itself stands at an altitude of 4,065 meters (13,335 feet) and is renowned for its panoramic sunrise views of Mount Everest, Kanchenjunga, Lhotse, Makalu, and other Himalayan giants.

Trek Highlights:

- Panoramic Himalayan Views – Witness breathtaking vistas of Mount Everest (8,848m), Kanchenjunga, Makalu, Annapurna, Manaslu, Gaurishankar and Numbur Himal from Pikey Peak (4,065m).
- Off-the-Beaten-Path Experience – Explore a less crowded trail in the lower Everest region, perfect for trekkers seeking peace, authenticity, and untouched landscapes.
- Sherpa Culture and Traditions – Discover the warm hospitality, monasteries, mani walls, and prayer flags of Sherpa communities while learning about their Buddhist lifestyle.
- Beautiful Monasteries – Visit spiritual sites such as Thuptenchholing Monastery and Takshindu Monastery, rich in Tibetan Buddhist heritage.
- Diverse Landscapes – Trek through lush rhododendron and pine forests, rolling hills, terraced farmlands, and alpine meadows alive with seasonal wildflowers.
- Wildlife Encounters– Spot Himalayan birds, yaks, and possibly red pandas along the forested sections of the route.
- Junbesi Village Exploration – Experience the charm of one of the most beautiful Sherpa villages, with traditional homes and a rich cultural atmosphere.
- Authentic Teahouse Stay – Stay in cozy family-run lodges and teahouses, enjoying local Sherpa dishes and warm hospitality.
- Adventure with Moderate Difficulty – A trek that blends adventure with comfort, suitable for both beginners and experienced trekkers seeking a short but rewarding Himalayan journey.



Detailed Itinerary

Day 1: Arrival in Kathmandu

Welcome to Nepal! Upon arrival at Tribhuvan International Airport, make your way to your hotel in Kathmandu (self-transfer).

Day2: Drive from Kathmandu (1400m) to Patale (2850m)

Your adventure begins with a scenic drive from Kathmandu to Patale, the gateway to the Everest Pikey Peak Trek. The journey takes approximately 8 to 9 hours, winding through the hilly countryside, terraced farmlands, and charming roadside villages. Patale, a peaceful village perched at nearly 2,850 meters, offers a stunning sunset view and sets the tone for the trek ahead.

Day 3: Trek from Patale (2,700m) to Jhapre (2,820m)-5 to 6 hours

Begin your first day of trekking with a scenic walk from Patale toward Jhapre. The trail winds through peaceful forests of rhododendron and pine, offering occasional views of snow-capped peaks, including Mount Everest on a clear day. Jhapre is a quiet village perched above a deep valley, with a beautiful monastery and sweeping views of the Himalayas. It's the perfect place to relax and experience authentic Sherpa hospitality.

Day 4: Trek from Jhapre (2,820m) to Pikey Peak Base Camp (3,640m) - 5 to 6 hours

Today's journey takes you through some of the most scenic parts of the lower Everest region. Leaving Jhapre, ascend gradually through lush rhododendron forests, yak pastures, and scattered yak herder huts. The trail opens up to wide ridgelines, offering stunning panoramic views of snow-capped giants like Everest, Numbur, and Thamserku.



Day 5: Trek from Pikey Peak Base Camp (3,640m) to Junbesi (2,700m) - 6 to 7 hours

Begin your day early with a hike to the summit of Pikey Peak (4,065m) to catch a spectacular sunrise over the Himalayas. On clear mornings, you'll see a sweeping 180-degree panorama, including Mount Everest, Makalu, Kanchenjunga, and several other towering peaks. After enjoying the breathtaking views, descend through scenic landscapes of alpine meadows, stone walls, and pine forests. The trail winds past isolated yak shelters and small hamlets, eventually dropping into the picturesque Sherpa village of Junbesi. This cultural village is known for its traditional houses, ancient monastery, and warm local hospitality.

Day 6: Rest Day in Junbesi (2,700m) - Explore Thuptenchholing Monastery or Hike to a Viewpoint

Take a well-deserved rest day in the peaceful village of Junbesi, a cultural gem in the Solu region. You can spend the day relaxing or opt for a short excursion to enhance your trekking experience. A popular side trip is a visit to the Thuptenchholing Monastery, located about 1.5 to 2 hours uphill from Junbesi. Visitors can witness traditional rituals, interact with the monastic community, and gain insight into Buddhist philosophy and Sherpa spiritual life. Alternatively, adventurous trekkers can hike to a nearby Everest viewpoint, which offers another chance to enjoy magnificent Himalayan scenery without the full exertion of a trekking day.



Day 7: Trek from Junbesi (2,700m) to Takshindu (2,930m) - 6 to 7 hours

Today's journey continues through beautiful Sherpa villages and quiet forest trails. Departing from Junbesi, the trail gently climbs and descends, offering glimpses of rural life, traditional houses, and terraced farmland along the way. From there, a steady uphill hike leads you to Takshindu La Pass (3,070m), where you'll be rewarded with spectacular views of the Numbur Himal range and distant peaks.

Day 8: Trek from Takshindu (2,930m) to Phaplu (2,413m)-5 to 6 hours

Begin your final day of trekking with a gradual descent through lush forests and tranquil mountain landscapes. The trail from Takshindu to Phaplu winds through pine, oak and rhododendron woods, passing scattered Sherpa and Rai villages that reflect the region's rich cultural heritage. You may encounter local yak herders, schoolchildren, and monks traveling between monasteries, offering a unique glimpse into everyday life in the Himalayan foothills. After a few hours of scenic walking, you'll arrive in Phaplu, a small and quiet town with a local airport and good amenities for trekkers.

Day 9: Drive Back to Kathmandu from Phaplu (2,469m)-9 to 11 Hours

After breakfast in Phaplu, begin your return journey to Kathmandu by private jeep or local bus. The scenic drive winds through the foothills of eastern Nepal, offering one last chance to soak in views of rolling green hills, terraced farms, and distant mountain peak. As the road descends from the Solu region, you'll pass through remote towns and vibrant villages, crossing rivers and navigating occasional rugged sections of the route.

Inclusions:

- Transportation: Private jeep or local bus from Kathmandu to Patale and return from Phaplu to Kathmandu
- Accommodation during Trek: Basic tea house/lodge stays in twin-sharing rooms
- Guide Services: Professional, licensed, and English-speaking trekking guide
- Porter Service: 1 porter for every 2 trekkers (carrying up to 15–20 kg combined)
- Permits: All necessary trekking permits and local entry fees
- First Aid Kit: Basic first aid supplies carried by the guide
- Support Staff Costs: Guide and porter wages, food, accommodation, and insurance
- Government Taxes: All applicable government and local taxes

Exclusions:

- Nepal Visa Fees (obtainable upon arrival at Kathmandu airport)
- Meals on Trek: Breakfast, lunch, and dinner during trekking days
- International Flights to and from Nepal
- Accommodation in Kathmandu before and after the trek (unless stated in package)
- Personal Expenses: Snacks, beverages, extra drinks, hot showers, battery charging, Wi-Fi, and laundry
- Travel Insurance: Must include emergency medical evacuation coverage

Best time for the Everest Pikey Peak Trek

The Everest Pikey Peak Trek is accessible year-round, but the best seasons to embark on this journey are spring (March to May) and autumn (late September to November). These periods offer the most favorable weather, clear skies, and stunning mountain views.

Spring (March to May): Springtime is one of the most popular trekking seasons in Nepal. During these months, the weather is mild and pleasant, with daytime temperatures ranging from 10°C to 20°C (50°F to 68°F) at lower elevations. The rhododendron forests along the trail burst into vibrant bloom, adding spectacular colors to the landscape. Clear skies provide excellent visibility of Everest and surrounding peaks, making this an ideal time for photographers and nature lovers.

Autumn (Late September to November): Autumn is considered the best trekking season by many due to stable weather, cool temperatures, and minimal rainfall. Days are crisp and clear, providing breathtaking panoramic views of the Himalayas. This season coincides with major Nepali festivals, allowing trekkers to experience local culture and celebrations.



Contact us:

Thamel, Kathmandu, Nepal

+977 9851155026

info@hawkseyetravels.com